



**AL-ANON INFORMATION SERVICE (AIS)**  
**Districts 24, 25, 26, 27 in NY South Area**  
 P.O. Box 868, White Plains, NY 10602-0868  
 Phone: 914-946-1748 (leave messages 24/7)  
 Website: [www.westchesterputnamalanon.org](http://www.westchesterputnamalanon.org)  
 E-mail: [info@westchesterputnamalanon.org](mailto:info@westchesterputnamalanon.org)

NEXT UPDATE  
 October 1, 2019  
 Last Change made 9/1/2019

<p><b>Visit AIS Website for the following information:</b></p> <ul style="list-style-type: none"> <li>• Weather/holiday meeting cancellations</li> <li>• Recent meeting changes not yet on this list</li> <li>• Printable copy of this meeting list</li> <li>• Service meeting details and opportunities</li> <li>• Al-Anon anniversary meetings and events</li> <li>• And much more!</li> </ul>	<p><b>AL-ANON OUT-OF-AREA MEETING INFORMATION:</b></p> <p>U.S. (including NY)                    1-888-425-2666 (M-F; 8-6 only)          Canada                                    1-800-443-4525          Intergrupo Hispánico                1-917-513-3690</p> <p><b>Al-Anon Family Groups: Electronic and Phone Meetings:</b>  <a href="https://al-anon.org/al-anon-meetings/virtual-meetings/">https://al-anon.org/al-anon-meetings/virtual-meetings/</a></p> <p><b>AA MEETING INFORMATION:</b> 914-949-1200</p>
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**AL-ANON AND ALATEEN MEETING LIST  
 FOR: WESTCHESTER AND PUTNAM COUNTIES**

When the AIS lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its doors open to any Al-Anon member. Membership is open to anyone who feels his or her life has been or is being affected by a problem drinker. Inclusion on this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon and Alateen.

**MEETING CODES**

All meeting times are p.m. unless otherwise noted; all meetings are closed meetings unless otherwise noted (closed meetings are limited to members and prospective members); **Alateen**=Alateen Meeting; **AAC**= Al-Anon's Adult Children; **B**=Beginner; **bb**=Babysitting available; **Lit**=Literature; **M**=Men's; **R**=Regular; **S**=Step; **SP**=Spanish Speaking Meeting; **O** = Open; **P**=Parents Meeting; **N/C** = new info or changes from previous list are red & underlined

**Meeting Codes**

**SUNDAY**

- |                      |                         |  |
|----------------------|-------------------------|--|
| <b>7:00 B / 7:30</b> | <b>B/R</b>              | <b>Irvington:</b> St. Barnabas Church, North Broadway, Route 9 (enter double doors)                      |
| <b>6:00 B / 7:00</b> | <b>B/R</b>              | <b>Katonah:</b> St. Luke's Episcopal Church, 68 Bedford Road, Katonah                                    |
| <b>7:00</b>          | <b>R</b>                | <b>Mahopac:</b> "Sunday Night Al-Anon," Beth Shalom Temple, Route 6                                      |
| <b>7:00</b>          | <b>R</b>                | <b>Montrose-Buchanan:</b> St. Christopher Church, Route 9A, Buchanan                                     |
| <b>6:00</b>          | <b>11<sup>th</sup>S</b> | <b>Scarsdale:</b> Friends Meeting House, 133 Popham Road   |
| <b>7:00</b>          | <b>P</b>                | <b>Yonkers:</b> "Sunday Night Parents," St. Paul the Apostle School, 602 Mc Lean Ave. (enter on Lee Ave) |

**MONDAY**

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|----------------------------------|--------------|---|
| <b>7:00</b>                      | <b>R-AAC</b> | <b>Mahopac:</b> AAC, Beth Shalom Temple, Route 6  |
| <b>7:30</b>                      | <b>R</b>     | <b>Mt. Kisco:</b> "As We Understood," Lutheran Church, 15 South Bedford Road at Main Street                 |
| <b>12:30</b>                     | <b>R</b>     | <b>Briarcliff:</b> "Strength, Hope&Serenity AFG Lunchtime," All Saints Episcopal Church, 201 Scarborough Rd |
| <b>7:30<sup>1</sup></b>          | <b>R/M</b>   | <b>Rye:</b> "Mr. Westchester," Rye Presbyterian Church, Library, Milton Road & Parson Street                |
| <b>7:15 B / 8:00</b>             | <b>B/R</b>   | <b>Scarsdale:</b> "New Beginnings," Community Baptist Church, 51 Popham Road & Autenreith Road              |
| <b>6:45 B / 8:00<sup>1</sup></b> | <b>B/R</b>   | <b>White Plains:</b> First Baptist Church, Wilson Hall, Bryant Avenue & North Street                        |

<sup>1</sup> 4<sup>th</sup> step meeting on the 4<sup>th</sup> Monday of every month. Regular meeting runs 1 ¼ hours every Monday.

## TUESDAY

7:30 B <sup>2</sup> / 8:00 <sup>3</sup>	B/R	<b>Bronxville:</b> Reformed Church, 180 Pondfield Rd enter on Midland Avenue
7:00 B / 7:35	B/R	<b>Carmel:</b> "Open Arms," Arms Acres, Seminary Hill Road
7:30	R	<b>Larchmont:</b> Presbyterian Church, Room 201, Larchmont & Forest Park Avenue
12:15	R	<b>Mt. Kisco:</b> "Courage to Change," Lutheran Church of the Resurrection, 15 South Bedford Rd. at Main St.
9:00AM <sup>3</sup> B/10:00	B/R	<b>White Plains:</b> "Early Birds," Ridgeview Congregational Church, 12 Ridgeview Avenue
6:30	R-AAC	<b>White Plains:</b> "Rainbow Safe Haven," The Loft LGBT Center, 252 Bryant Ave. [at the Memorial United Methodist church, separate entrance on exit driveway]

## WEDNESDAY

12:00 <sup>4</sup>	S	<b>Armonk:</b> "Lunchtime," Hillside Church, 448 Bedford Road, Rt. 22
7:00 B / 7:30	B/R	<b>Mahopac:</b> "Mahopac Al-Anon," Beth Shalom Temple, Route 6
8:00 <sup>9</sup>	R	<b>Mamaroneck:</b> St. Thomas' Church Hall, 168 W Boston Post Rd & Mt. Pleasant Ave (Enter at Post Rd level)
7:00	R	<b>Montrose:</b> The Church of the Divine Love, Episcopal Church, 80 Sunset Road, (side building)
7:00 B / 7:40	B/R-AAC	<b>Pleasantville:</b> "Pleasantville AFG," Emanuel Lutheran Church, 197 Manville Road
7:00	R	<b>Yonkers:</b> "A Better Way AFG," Will Public Library, 1500 Central Park Ave., 3 <sup>rd</sup> floor Mezzanine, Projection Room (Note: This is a new location. This meeting formerly met on Wednesdays at the Reformed Church in Bronxville.)
7:30	R	<b>Yorktown Heights:</b> St. Patrick's Church, 137 Moseman Road (Family Education Center, Rm 109)
8:00 <sup>10</sup>	SP	<b>New Rochelle:</b> "Todo Sea Por Mi," 311 North Avenue (Note: No meeting on the last Wednesday of the month.)

## THURSDAY

1:00 <sup>5</sup>	R	<b>Cortland Manor:</b> "Afternoon," Holy Spirit Parish Hall, 1967 Crompond Rd
7:00 B / 8:00 <sup>5,6</sup>	B/R	<b>Mt. Kisco:</b> St. Mark's Episcopal Church, 85 East Main Street
7:00 <sup>5</sup>	Alateen	<b>Mt. Kisco:</b> St. Mark's Episcopal Church, 85 East Main Street
7:30 B / 8:00	B/R	<b>Scarsdale:</b> "Central Westchester," Friends Meeting House, 133 Popham Road
10:00 AM <sup>6</sup>	R-AAC	<b>White Plains:</b> "New Choices AFG," Ridgeview Congregational Church, 12 Ridgeview Avenue
7:30 <sup>5</sup>	R	<b>White Plains:</b> "Cabin Group" Congregation Kol Ami, 252 Soundview Ave. Check Pre-School Lobby for Room
7:00 B / 8:00	B/R	<b>Yonkers:</b> "Lincoln Park AFG," St. Paul the Apostle, 602 McLean Avenue (enter on Lee Ave)
7:00 <sup>8</sup>	Lit	<b>Yonkers:</b> "Lincoln Park AFG," St. Paul the Apostle, 602 McLean Avenue (enter on Lee Ave)
7:00	Alateen	<b>Yonkers:</b> "Lincoln Park AFG" ALATEEN St. Paul the Apostle, 602 McLean Avenue (enter on Lee Ave)
11:45 AM	R	<b>Yorktown Heights:</b> "Yorktown Nooners" First Presbyterian Church, 2880 Crompond Rd Rm 4 (use north door by back lot, office entrance only, room 17)

## FRIDAY

7:30 B / 8:05	B/R	<b>Brewster:</b> Trinity Lutheran Church, 2103 Route 6. (Use back entrance from Husted Rd. parking lot, enter double white doors)
7:00	R	<b>Dobbs Ferry:</b> "Keep It Simple," Dobbs Ferry Lutheran Church, 43 Ashford Avenue
7:00	R	<b>Mt. Kisco:</b> Presbyterian Church, 605 Millwood Rd (at Rt. 133 & Crow Hill Road - Aiken Room)
7:00	R-AAC	<b>Scarsdale:</b> AAC, "TGI Friday," Friends Meeting House, 133 Popham Road

## SATURDAY

8:30 AM	R/O	<b>Yorktown Heights:</b> "Discovering Choices," Soundview Prep School, Corner of Rt. 118 & Underhill Avenue
9:45 AM B; 11:00 <sup>7</sup>	B/R	<b>Bronxville:</b> "Saturday Morning Serenity," Reformed Church, 180 Pondfield Rd, enter on Midland Avenue
5:00	R	<b>Garrison:</b> "Al-Anon Into Action," Graymoor, Route 9, Main Building, 4 <sup>th</sup> Floor, Kennedy Lounge
7:00	B	<b>Mamaroneck:</b> St. Thomas' Church Hall, 168 W Boston Post Rd & Mt. Pleasant Ave (Enter at Post Rd level).
8:00	R	<b>Rye:</b> "Saturday Night," Christ Church, 2 Rectory Street and Midland Road
5:00	R/SP	<b>White Plains:</b> "Valor Para Cambiar," 1 East Post Rd / S. Lexington Ave., White Plains

### Al-Anon Declaration

#### *Let It Begin With Me*

**When anyone, anywhere, reaches out for help,  
Let the hand of Al-Anon and Alateen always be there, and  
Let It Begin With Me**

<sup>2</sup> No beginner meeting in August

<sup>3</sup> Open Meeting: 2<sup>nd</sup> Tuesday of the month

<sup>4</sup> Check for Byram Hills school and church closings

<sup>5</sup> No meeting on Thanksgiving

<sup>6</sup> Open Meeting: 2<sup>nd</sup> Thursday of the month

<sup>7</sup> Open Meeting: 4<sup>th</sup> Saturday of the month

<sup>8</sup> Literature study of the book Reaching for Personal Freedom: Living The Legacies

<sup>9</sup> Check Mamaroneck school closings. No meeting if Mamaroneck schools are closed.

<sup>10</sup> No meeting on last Wednesday of the month.