



**AL-ANON INFORMATION SERVICE (AIS) of
Westchester and Putnam Counties**
Districts 24, 25, 26, 27 in NY South Area
 P.O. Box 318, Pleasantville, NY 10570
 Phone: 914-946-1748 (leave message 24/7)
 Website: www.westchesterputnamalanon.org
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May 2022 MEETING LIST

NEXT SCHEDULED UPDATE:
 June 1, 2022
 Last Change made 05/03/2022

<p>Visit AIS Website for the following information:</p> <ul style="list-style-type: none"> • Weather/holiday meeting cancellations • Recent meeting changes not yet on this list • Printable copy of this meeting list • Service meeting details and opportunities • Al-Anon anniversary meetings and events • And much more! 	<p>AL-ANON OUT-OF-AREA MEETING INFORMATION:</p> <p>U.S. (including NY) 1-888-425-2666 (M-F; 8-6 only) Canada 1-800-443-4525 Intergrupo Hispánico 1-917-513-3690</p> <p>Al-Anon Family Groups: Electronic and Phone Meetings: https://al-anon.org/al-anon-meetings/virtual-meetings/</p> <p>AA MEETING INFORMATION: 914-949-1200</p>
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**AL-ANON AND ALATEEN MEETING LIST
 FOR: WESTCHESTER AND PUTNAM COUNTIES**

When the AIS lists a group, at their request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its doors open to any Al-Anon member. Membership is open to anyone who feels his or her life has been or is being affected by a problem drinker. Inclusion on this meeting list does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available in Al-Anon and Alateen. **BLUE LISTINGS ARE FOR ONLINE MEETINGS (CLICK ON LINK FOR ONLINE MEETING INFO) GREEN LISTINGS ARE FOR HYBRID MEETINGS (INPERSON AND ONLINE) BLACK LISTINGS ARE FOR IN PERSON MEETINGS**

MEETING CODES

All meeting times are p.m. unless otherwise noted; all meetings are closed meetings unless otherwise noted (closed meetings are limited to members and prospective members); **Alateen**=Alateen Meeting; **AAC**= Al-Anon's Adult Children; **B**=Beginner; **bb**=Babysitting available; **Lit**=Literature; **M**=Men's; **R**=Regular; **S**=Step; **SP**=Spanish Speaking Meeting; **FFO** = Family/Friends/Observers (previously called "Open" meetings); **P**=Parents Meeting

	Meeting Codes	
SUNDAY		
8:00 AM	Lit	Virtual Only Meeting: "Hope for Today Alanon Adult Children Group," ONLINE INFO HERE
3:00	R	Yonkers: "A Better Way," Will Branch Library, 1500 Central Park Ave, Projection Room/3rd flr mezzanine
7:30	R	Irvington: Presbyterian Church, 25 N. Broadway, enter through door marked office IN PERSON INFO HERE
6:00	B	Katonah: St. Luke's Episcopal Church, 68 Bedford Rd, Katonah HYBRID INFO HERE
7:00	P	Yonkers: "Sunday Night Parents," St. Paul the Apostle School, 602 McLean Ave (enter on Lee Ave) ONLINE INFO
MONDAY		
7:00	R-AAC	Mahopac: AAC, Beth Shalom Temple, Route 6 TELECONFERENCE MEETING INFO HERE
7:30	R	Mt. Kisco: "As We Understood," Lutheran Church, 15 South Bedford Rd at Main St. ONLINE INFO HERE
12:30	R	Briarcliff: "Strength, Hope&Serenity AFG Luchtime," All Saints Episcopal Church, 201 Scarborough Rd ONLINE INFO HERE
7:30¹	R/M	Rye: "Mr. Westchester," Rye Presbyterian Church, Library, Milton Road & Parson St (Must be vaccinated and
7:30	R	Scarsdale: "New Beginnings," Community Baptist Church, 51 Popham Rd & Autenreith Rd ONLINE INFO HERE
6:45¹	R	White Plains: First Baptist Church, Wilson Hall, Bryant Avenue & North Street-

TUESDAY

7:00 B / 7:30	B/R	Carmel: "Open Arms," Trinity Lutheran Church-HYBRID INFO HERE
9:00AM	R	White Plains: "Early Birds," Ridgeview Congregational Church, 12 Ridgeview Ave
6:30	R-AAC	White Plains: "Rainbow Safe Haven," The Loft LGBT Center, 252 Bryant Ave (at the Memorial United Methodist church, separate entrance on exit driveway) ONLINE INFO HERE
6:45	R	Larchmont: "Larchmont Al-Anon," Larchmont Avenue Church, 60 Forest Park Avenue, HYBRID INFO HERE
7:00	R	Bronxville: "Courage to Change 4 th Step Meeting" MEETING ONLY ONLINE, INFO HERE

WEDNESDAY

12:00 ⁴	S	Armonk: "Lunchtime," Hillside Church, 448 Bedford Rd, Route 22 ONLINE INFO HERE
7:00 B / 7:30	B/R	Mahopac: "Mahopac Al-Anon," 947 South Lake Blvd, Suite C, HYBRID INFO HERE
8:00 ⁹	R	Mamaroneck: St. Thomas' Church Hall, 168 W Boston Post Rd & Mt. Pleasant Ave (Enter at Post Rd level)
7:00	R	Montrose: The Church of the Divine Love, Episcopal Church, 80 Sunset Rd, (side building)
7:30	R	Yorktown Heights: First Presbyterian Church of Yorktown, 2880 Crompond Rd, Yorktown Heights, NY 10598 (intersection of Routes 202 and 132). Park in paved lot off Route 132. Meeting room on side of building is called "Noon Unity".

THURSDAY

10:00 AM	R	Virtual Only Meeting: "Hope for Today Alanon Adult Children Group," ONLINE INFO HERE
1:00 ⁵	R	Cortland Manor: "Afternoon," Holy Spirit Parish Hall, 1967 Crompond Rd ONLINE INFO HERE
7:00 ^{5,6}	R	Mt. Kisco: St. Mark's Episcopal Church, 85 East Main St ONLINE INFO HERE
8:00 ⁵	Alateen	Mt. Kisco: St. Mark's Episcopal Church, 85 East Main St ONLINE INFO HERE
10:00 AM ⁶	R-AAC	White Plains: "New Choices AFG," Ridgeview Congregational Church, 12 Ridgeview Ave (Please enter through the side door of the church)
7:30 ⁵	R/Lit/AAC	White Plains: "Cabin Group" Lit Meeting (Survival to Recovery) Congregation Kol Ami, 252 Soundview Ave, HYBRID INFO HERE
7:00 ⁵	R	Yonkers: "Lincoln Park AFG," St. Paul the Apostle, 602 McLean Ave ONLINE INFO HERE
7:30	R	Central Westchester Al-Anon: Zoom Only ONLINE INFO HERE
7:30	R	Bronxville: "Courage to Change" Topic/Discussion Meeting, MEETING ONLINE ONLY, INFO HERE

FRIDAY

7:30 B / 8:05	B/R	Brewster: Trinity Lutheran Church, 2103 Route 6
7:00	R	Dobbs Ferry: "Keep It Simple," Dobbs Ferry Lutheran Church, 43 Ashford Ave ONLINE INFO HERE
7:00	R	Mt. Kisco: Presbyterian Church, 605 Millwood Rd (at Rt. 133 & Crow Hill Rd) ONLINE INFO HERE

SATURDAY

8:30 AM	R/O	Yorktown Heights: "Discovering Choices," Soundview Prep School, Corner of Route 118 & Underhill Ave ONLINE INFO HERE
10:00 AM	R	Bronxville: "Courage to Change," MEETING ONLY ONLINE, INFO HERE
11:00 ⁷	R	Bronxville: "Saturday Morning Serenity," Dutch Reformed Church, 180 Pondfield Rd (enter on Midland Ave-meetings in the music room) ONLINE To receive a weekly invitation to the meeting, please contact annabronxvillealanon@gmail.com
5:00	R	Garrison: "Al-Anon Into Action," Graymoor, Route 9, Main Building, 4 th Floor, Kennedy Lounge-PHONE ONLY HERE
7:00	B	Mamaroneck: St. Thomas' Church Hall, 168 W Boston Post Rd & Mt. Pleasant Ave (Enter at Post Rd level). ONLINE INFO HERE

Al-Anon Declaration

When anyone, anywhere, reaches out for help,
Let the hand of Al-Anon and Alateen always be there, and
Let It Begin With Me

¹ 4th step meeting on the 4th Monday of every month. Regular meeting runs 1 ¼ hours every Monday.

² No beginner meeting in August

³ FFO = Family/Friends/Observers (formerly called "Open Meeting"): 2nd Tuesday of the month

⁴ Check for Byram Hills school and church closings

⁵ No meeting on Thanksgiving

⁶ FFO = Family/Friends/Observers (formerly called "Open Meeting"): Last Thursday of the month

⁷ FFO = Family/Friends/Observers (formerly called "Open Meeting"): 4th Saturday of the month

⁸ Literature study of the book [Reaching for Personal Freedom: Living The Legacies](#)

⁹ Check Mamaroneck school closings. No meeting if Mamaroneck schools are closed for inclement weather.

¹⁰ No meeting on last Wednesday of the month.

¹¹ 1st Sunday of each month

¹² Last Monday of the month in person/hybrid, all other meetings online